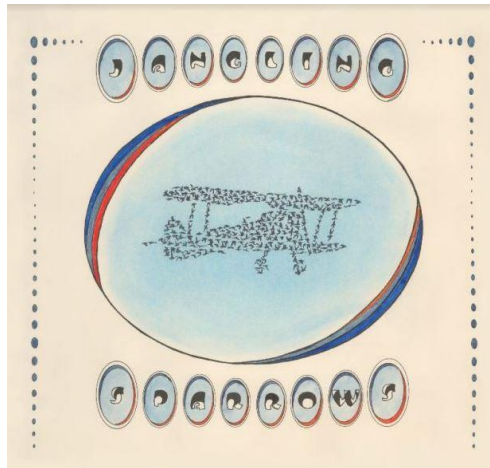




Album Review: Jangling Sparrows: 140 Nickels

Paul Edelman, journeyman songwriter and performer, releases his new EP *140 Nickels*. This is Edelman's fourth release and the second with his group, Jangling Sparrows.

140 Nickels comes with exciting new influences. While staying firmly grounded in Roots Rock/Americana, there are some distinct flirtations with 2nd line feels on several tracks. From the songwriter that says, "Style is just another tool for expression." Edelman still wears his songwriter badge on his sleeve with poignant lyrics and emotional delivery. With *140 Nickels* he adds big, fun rhythms and high caliber guitar chops.



With a contemporary yet original sound that could be seen as influenced by bands like Creedence Clearwater Revival, John Cougar, a bit of Blues, Country and Americana Folk, Paul Edelman's **140 NICKELS** is a smooth and rocking album that is a refreshing and non-conformist view of things from "The Boys Next Door", the average working man trying to make a difference and live The American Dream. He has been compared to John Prine, Townes Van Zandt and Jay Farrar for his ability not just to create a picture with words but a whole movie with the music. Jangling Sparrows really hits the mark and take home the prize for a true and honest view of real life emotions in song.

The title, *140 Nickels*, is a send up to the days of being a struggling artist. It is quite literally a reference to scraping enough money out of one's couch in order to get a "can of dinner or a cheap six pack". As such, Edelman says it's a call to *"bottle that feeling, that earnest drive and integrity of expression that we had for our craft in those days that sometimes gets lost as we grow."*

Here is a Video of a recent live performance:

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140 Nickels is a love letter to our former selves. It attempts to bridge the gap between then and now, both in the approach to the songs and the songs themselves. Edelman continues from his last release, North American and Susquehanna, his exploration of the theme of travel as a metaphor for emotional distance, time and reflection. This body of work, however, forgoes the more moody interpretation of songs for a distinct punch of presence.



Paul Edelman gives us a brief insight into what these songs mean to him, and a look into the mind of a songwriter:

THE PARTY AIN'T OVER-An impressionistic muse in the wake of a whirlwind weekend of old friends visiting.

LOOK AWAY TWICE-Taking poetic license, the message in this song is, if you're going to leave, don't look back or you will never really be able to make a clean break.

BURNIN A HOLE- My Dock of the Bay, as it were this is a recollection of feelings and images from the bay where I grew up.

TAKE HOME YOUR COAT-Country flirtations bring out the "tear in your beer" on this track. Just like it sounds, sometimes the things we leave behind have a huge impact.

AIN'T WAITIN FOR THE PAINT TO DRY-A rambling muse both musically and lyrically about touring.

ONE GOOD PIECE OF ADVICE-The song I wrote when I decided to make a living at music. I'm still looking for it.

GREAT AMERICAN LIMBO- Semi-autobiographical spin about two people that care about each other more than circumstances will let them admit, and the lost potential that comes with it.

CHEAPER DOWN THE ROAD-Not much else to add to this. Just some wisdom you pick up when you travel as much as I do.

EYES OF A STRANGER-This song attempts to explore how getting older can often show us the difference between things that are symbolic and the things those symbols are supposed to represent.

CATCH THAT RIDE- Semi-autobiographical story, written when I first moved to the Western NC area and worked on a goat farm. The character is all settled in now and ready to tackle his dreams.

POPS IS COMIN' UP-Ode to Pops Lindsey. My friend's father who passed away. A tough old timer and a real character. sung through the eyes of the Lord himself.

About Paul Edelman:

Paul Edelman can be found sitting comfortably in Roots Rock, Country, Folk, Soul or Storyteller. His lyrics have a way of making people feel understood and his emotional vocal delivery underscores that ability. Edgy and misty, his vocals often go from a holler to a whisper seamlessly and with crisp intention.

Jangling Sparrows is a group that we feel is a mold breaker and will revive the genre it calls home.

Learn more at <http://www.facebook.com/pauledelmanthejanglingsparrow>

And visit their website – <https://janglingsparrows.com>

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